



# 52 Things to Do Outside Before You Grow Up

We hope that you and your family enjoy these 52 super fun activities. Get outside and have some adventures! When you complete your "52 Things" you can print a certificate! For more fun outdoors visit [www.52thingsoutside.org](http://www.52thingsoutside.org) or our Facebook page. Remember to stay safe!



## Spring

- Smell the earth
- Explore under a rock / log
- Listen for the sounds of wildlife
- Take a wildflower walk
- Dance in the rain
- Peek in a pond for tadpoles
- Plant a seed
- Observe a sunset
- Discover a rainbow
- Search for a roly poly

## Summer

- Look for an animal in water
- Have an outdoor picnic
- Catch and release fireflies
- Watch a pollinator at work
- Enjoy a bike ride
- Roll down a hill
- Blow dandelion seeds
- Visit a wetland
- Skip a stone
- Make a mud pie

## Fall

- Create a leaf print / leaf art
- Visit an orchard or farm
- Decorate a pumpkin
- Catch and release grasshoppers
- Jump in the leaves
- Listen for sounds of the night
- Taste edible fruits and seeds
- Make s'mores
- Watch seeds travel
- Unearth a creepy crawly

## Winter

- Catch a snowflake
- Hunt for animal tracks
- Go sledding or skating
- Touch tree bark
- Build a snow sculpture
- Toss seed for the birds
- Discover an animal's nest
- Write your name with sticks
- Photograph a sunrise
- Design a recycled art project

## Any Season

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Go star gazing                | <input type="checkbox"/> Find a historical marker        | <input type="checkbox"/> Explore a park or garden |
| <input type="checkbox"/> Read a book under a tree      | <input type="checkbox"/> Make music with natural objects | <input type="checkbox"/> Build a fort outside     |
| <input type="checkbox"/> Go fishing                    | <input type="checkbox"/> Start a nature collection       | <input type="checkbox"/> Visit a nature center    |
| <input type="checkbox"/> Look for shapes in the clouds | <input type="checkbox"/> Search for a spider web         | <input type="checkbox"/> Sail a leaf boat         |

